

**INTERNATIONAL ONE METRE  
INTERNATIONAL CLASS ASSOCIATION**

**IOMICA Standard Sailing  
Instructions**

**1. Rules**

- 1.1. The event will be governed by the 'rules' as defined in the Racing Rules of Sailing, including the Heat Management System (HMS 2002), the IOMICA Class Championship Rules, the Notice of Race (NoR), these Sailing Instructions (SI), the International One Metre Class Rules, and the Equipment Rules of Sailing.
- 1.2. No prescription of a national authority will apply.
- 1.3. The English language version of these documents shall prevail.
- 1.4. Appendix A of these Sailing Instructions shall apply.
- 1.5. Rule 31.2 is changed by adding: When a boat is wrongfully compelled by another boat to break Rule 31.1, she shall be exonerated
  - (a) if the other boat acknowledges breaking a Rule of Part 2 by taking a penalty or retiring immediately, or
  - (b) under Rule 64.1(b), after successfully protesting another boat involved in the same incident.
- 1.6. Rule 51 is replaced with: During an event, (a) ballast shall not be shifted, shipped or unshipped; (b) except for replacements of similar weight and position, no control equipment shall be shifted, shipped or unshipped; (c) the position of rig counterbalance weights may be adjusted; and (d) bilge water shall not be used to trim the boat, but may be removed at any time.
- 1.7. The Sailing Instructions shall prevail in case of conflict with the Notice of Race. This changes Rule 63.7.
- 1.8. Rule E4.2 is changed to read as follows:

E4.2 Outside Help

Rule 41 is changed to

  - (a) A competitor shall not give tactical or strategic advice to a competitor who is racing.
  - (b) A competitor who is racing shall not receive outside help except
    - (1) A boat that has gone ashore or aground outside the launching area, or become entangled with another boat or a mark, may be freed and relaunched only with outside help from a rescue boat crew;
    - (2) Competitors who are not racing and others may give outside help in the launching area as permitted by rule E4.5;
    - (3) Help as provided for in Rule 1;

(4) Help in the form of information freely available to all boats.

- 1.9. Rule E4.4 is changed to read as follows: "Throughout rule 44, instead of 'Two-Turns Penalty' read 'One-Turn Penalty', which shall include one tack and one gybe."
- 1.10. Add to E6(c): Identification shall comply with the the rules applicable at the time of the initial fundamental measurement of the sail or with rule E6.
- 1.11. RRS E5.2 is changed by adding: "or words to that effect which shall include the word 'protest' or its declensions and conjugations".
- 1.12. Add to E6: (g) A boat chartered or loaned for an event may carry national letters and/or a sail number in contravention of rule E6(b). Where there is a conflict between sail numbers, the procedures of rule E6(b) shall apply.
- 1.13. Rule G3 is made applicable. A boat chartered or loaned may carry national letters or a sail number in contravention of the International One Metre Class Rules. Where there is any conflict in sail numbers, the race committee shall prescribe that sail numbers be amended until the conflict is resolved.

**2. Notices to Competitors**

- 2.1. The Official Notice Board will be situated in front of the sailing area.
- 2.2. Notices to competitors will be posted on the Official Notice Board.

**3. Scoring system**

- 3.1. Heat Management System (HMS 2002) shall apply amended as follows:  
The maximum number of boats entered to race shall be 84.  
In the division of the fleet for Race 2 when the number of boats is 81 or larger, there shall be six Heats and the schedule for Race 2 is changed by adding:

	6 Heats					
Number of boats	A	B	C	D	E	F
81	15	15	15	15	10	11
82	15	15	15	15	10	12
83	15	15	15	15	10	13
84	15	15	15	15	10	14

The schedule for Race 3 and following races is changed by adding:

	5 Heats				
Number of boats	A	B	C	D	E
81	16	15	15	15	20
82	16	16	15	15	20
83	16	16	16	15	20
84	16	16	16	16	20

- 3.2. A copy of HMS 2002 will be posted on the Official Notice Board. Competitors may obtain further copies from the Race Office.
- 3.3. Rule 64.2 is changed by HMS 2.8 so that redress can be given by assigning a place with appropriate points.
- 3.4. Heat selection for Race 1 shall be carried out as follows. The boats will be ranked according to their finishing positions, if any, in the previous IOM World Championships. Boats without a finishing position in the previous IOM World Championships shall be ranked according to their finishing positions, if any, in the previous corresponding IOM Continental Championships, after boats already ranked. Remaining boats shall be ranked after boats already ranked according to the alphabetical order of the competitor's surname. From this list of ranked boats, the first boat will be in Heat "A", the next boat in Heat "B", the next in Heat "C" and so on.

#### **4. Changes in the Sailing Instructions**

- 4.1. Changes in the Sailing Instructions shall be approved by the International Jury and the IOMICA event delegate.
- 4.2. Any change of the Sailing Instructions shall be posted on the Official Notice Board and shall be implemented only between races. Two sound signals followed by verbal announcements shall be made to call attention to change.

#### **5. Course**

- 5.1. The sailing area shall be located in [specify location].
- 5.2. The course will be displayed on the course board as required by RRS E4.2, together with the single alternative shortened course option. Description of the marks, including starting and finishing marks stating the order and side on which each is to be left shall be posted on the course board.

#### **6. Changes to the course**

- 6.1. The course may be changed only between heats or races. Any change to the course shall be posted on the course board and the next heat shall be preceded by a sound signal and a verbal warning.
- 6.2. During a heat, shortening of the course to the prearranged option shown on the course board shall be signalled by two sound signals followed by verbal confirmation on the leg before the leading boat starts the leg in which she will finish because of shortening.

#### **7. Control and launching area**

- 7.1. The control area is [designate the control area(s)] or such other area as may be designated by the Race Committee. Any changes shall be posted on the Official Notice Board and shall be implemented only between heats. Two sound signals followed by verbal announcements shall be made to call attention to the change(s).
- 7.2. The launching area is [designate the launching area(s)], or such other area as may be designated by the Race Committee. Any changes shall be posted on the Official Notice Board and shall be implemented only between heats. Two sound signals followed by verbal announcements shall be made to call attention to the change(s).

**8. Start**

- 8.1. The heat composition shall be posted on the Heat board near the control area. Competitors shall be advised orally by a hail of the upcoming heat and race number. It is the competitor's responsibility to hear this call and start in their assigned heat. Failure to comply with this Sailing Instruction will not be grounds for redress.
- 8.2. RRS 30.1 shall be applied to the re-start of any heat that has had one general recall.

**9. Racing times and schedule**

[Dates]	No warning signal shall be given before [10:00] and after [19:00].
[Date]	Reserve day. The reserve day may be used for racing if [13] completed races have not been achieved at the end of racing on day [4].
[Date]	No warning signal shall be given before [10:00]. No warning signal of the first heat in a race shall be given after [14:15]. If no boat in the final heat of the intended last race has sailed the course in accordance with RRS 28.1 and finished by [16:15 hrs] then the last race shall be abandoned and the previous race shall be taken as the final race.

## 10. Protests

- 10.1. Protest forms shall be available at the Race Office.
- 10.2. Parties to a protest shall be called orally by hailing that the protest hearing is opening. It is the responsibility of the parties to come to the hearing without delay accompanied by any witness. No other notice of the hearing will be given. Hearings will be held in the jury office. This changes Rule 63.2.
- 10.3. Decisions of the jury shall be final as provided in Rule 70.4.
- 10.4. The protest committee may be in doubt about the meaning of measurement rules, including those concerning Texalium, jib swivel fittings, and sail numbering. The 'authority responsible' mentioned in RRS 64.3(b) shall be the IOMICA Technical Sub-Committee or its official delegate at the event. Competitors and protest committees should follow the procedures of rule 64.3(b) and (c) carefully for any protest hearing involving measurement rules.

## 11. Transmitters

- 11.1. Unless the Race Committee prohibits their use, competitors not racing may use their transmitters at any time for the purpose of tuning or practice sailing. Competitors may practice sail their boats at any time only in the following separate areas:  
[Specify the practice area(s)]
- 11.2. Notwithstanding the areas listed herein no non-racing competitor shall sail within 16 metres (50 feet) of either a racing competitor or any mark of the racing course.
- 11.3. The Race Committee may announce changes to the permitted practice areas. Any changes shall be posted on the Official Notice Board and shall be implemented only between heats. Two sound signals followed by verbal announcements shall be made to call attention to the change(s).
- 11.4. When a protest committee finds that a competitor has broken this Sailing Instruction they shall either warn them and give them time to comply or penalize them.

## 12. Measurement

- 12.1. The Race Committee may at any time request the event Senior Equipment Inspector to confirm that a boat complies with the Class Rules in which case it shall inform the competitor who shall present his boat to the Senior Equipment Inspector.

## **APPENDIX A - IOMICA UMPIRING SYSTEM**

RRS E3.1 is replaced with:

E3.1 Umpired Races

[Insert text of the umpiring rules]

## **APPENDIX B - MAPS AND DIAGRAMS**